



CALIFORNIA SCHOOLS  
**VEBA**  
YOUR HEALTH, OUR PURPOSE

## *How to Access* **YOUR CARRIER ID**



### *Important Note*

All California Schools VEBA plan carriers are transitioning to digital IDs.

Physical ID cards will not be automatically mailed to you but can still be requested from the carrier directly. Please use the carrier contact information included to request a physical ID - one will be mailed to you in five-ten business days.



*Pro Tip* Download or screenshot your digital IDs on your mobile device and upload them to the MyVEBA app to have all your IDs in one place.

# UNITEDHEALTHCARE (UHC)

To view/print your digital ID, follow these steps:

## *Computer*



- ▶ Visit [myuhc.com](https://myuhc.com)
- ▶ Click "Sign In."
- ▶ Enter your username and password
- ▶ Click "View ID Card"

## **Don't have a username and password yet?**

- ▶ Click "Register"
- ▶ Enter the required information

## *Mobile*



- ▶ Download the UnitedHealthcare app
- ▶ Sign in with your username and password
- ▶ Click "View Medical ID" to view your Member ID card
- ▶ Use the mobile app to show your Member ID card

**PRO TIP:** For easy use on-the-go, add your ID to your Apple/Google Wallet or quickly save it in the MyVEBA app.

**Questions or trouble with access?**  
Call UnitedHealthcare Member Services: **888-586-6365**

# Kaiser Permanente

To view/print your digital ID, follow these steps:

## Computer



- ▶ Visit [kp.org](https://kp.org)
- ▶ Click "Sign In" to enter your username and password
- ▶ Click "Profile & Preferences"
- ▶ Click "Member Information" to view your ID

## Don't have a username and password yet?

- ▶ Visit [kp.org/newmember](https://kp.org/newmember)
- ▶ Click "Register"
- ▶ Click "Create my account" and enter the required information

## Mobile



- ▶ Download the Kaiser Permanente app
- ▶ Click "Sign In" to enter your username and password
- ▶ Click the card icon to view your Member ID.

**PRO TIP:** For easy use on-the-go, add your ID to your Apple/Google Wallet or quickly save it in the MyVEBA app.

**IMPORTANT NOTE:** Your Medical Record Number (MRN), found on your Kaiser member ID, identifies your medical records and membership information. Without your MRN, you may be unable to create a new online account. If you need care before receiving your ID card, please provide your group number and coverage effective date at your appointment.

**Questions or trouble with access?** Call Kaiser Permanente Member Services: **800-464-4000**

# UMR

To view/print your digital ID card, follow these steps:

## Computer



- ▶ Visit [umr.com](https://umr.com)
- ▶ Click "Sign In"
- ▶ Select "Member"
- ▶ Enter your username and password
- ▶ Click "ID Card"

### Don't have a username and password yet?

- ▶ Click "Create Account"
- ▶ Select "Member" to register
- ▶ Enter the required information. Use your Social Security Number (SSN) if you do not have a Member ID #.

## Mobile



- ▶ Download the UMR | Health app
- ▶ Sign in with your username and password or click "Register Now" to create an account
- ▶ Click "View your ID Card"

**PRO TIP:** For easy use on-the-go, add your ID to your Apple/Google Wallet or quickly save it in the MyVEBA app.

**Questions or trouble with access?**  
Call UMR Member Services: **800-826-9781**

# Express Scripts

To view/print your digital ID, follow these steps:

## Computer



- ▶ Visit [express-scripts.com](https://express-scripts.com)
- ▶ Click “Log In” to enter your username and password
- ▶ Click “Account” > “Member ID Card” > “Download Card”

## Don't have a username and password yet?

- ▶ Click “Register”
- ▶ Enter the required information

## Mobile



- ▶ Download the Express Scripts app
- ▶ Click the menu icon (top left screen)
- ▶ Go to “My Account”
- ▶ Select “Prescription ID Card”

**PRO TIP:** For easy use on-the-go, add your ID to your Apple/Google Wallet or quickly save it in the MyVEBA app.

**Questions or trouble with access?**

Call Express Scripts Web Support: **800-711-5672**

# SIMNSA

To view/print your digital ID card, follow these steps:

## *Computer*



- ▶ Visit [simnsa.com](https://simnsa.com)
- ▶ Click “Log In” to enter your SIMNSA ID number and password

### **Don't have an account yet?**

- ▶ Click “Log In”
- ▶ Click “Create Account Here” to enter your SIMNSA ID number and password
- ▶ If you do not have a SIMNSA ID number, call SIMNSA Member Services

## *Mobile*



- ▶ Download the SIMNSA app
- ▶ Register with your SIMNSA ID number

**PRO TIP:** For easy use on-the-go, add your ID to your Apple/Google Wallet or quickly save it in the MyVEBA app.

**Questions or trouble with access?**  
Call SIMNSA Member Services: **800-424-4652**

# Delta Dental

To view/print your digital ID card, follow these steps:

## Computer



- ▶ Visit [deltadentalins.com](https://deltadentalins.com)
- ▶ Click “Log In” to enter your username and password
- ▶ Click on “Print ID Card”

### Don't have a username and password yet?

- ▶ Click “Log In”
- ▶ Click “Create Account”
- ▶ For user type, select “Enrollee/Adult Dependent”
- ▶ Enter the required information. Your Enrollee ID is your Social Security Number.
- ▶ Create your username and password

## Mobile



- ▶ Download the Delta Dental app
- ▶ Click “Sign In” to enter your username and password
- ▶ Your ID can be found on the home screen

**PRO TIP:** For easy use on-the-go, add your ID to your Apple/Google Wallet or quickly save it in the MyVEBA app.

**Questions or trouble with access?** Call Delta Dental Member Services:  
HMO dental plans: **800-422-4234**  
PPO dental plans: **866-499-3001**

# EyeMed

To view/print your digital ID, follow these steps:

## Computer



- ▶ Visit [eyemed.com](https://eyemed.com)
- ▶ Click "Login" > "Member" to enter your email address and password
- ▶ Click "Account" > "Print My ID Card"

## Don't have a username and password yet?

- ▶ Click "Login" > "Member"
- ▶ Click "Need to Register?"
- ▶ Enter the required information to create an account

## Mobile



- ▶ Download the EyeMed app
- ▶ Sign in with your email address and password
- ▶ Click "My ID Card" button

**PRO TIP:** For easy use on-the-go, add your ID to your Apple/Google Wallet or quickly save it in the MyVEBA app.

**Questions or trouble with access?**  
Call EyeMed Member Services: **866-939-3633**



CALIFORNIA SCHOOLS

# VEBA

## ADVOCACY TEAM

**Need help?** Navigating the health care system can be challenging, but you're not alone! The California Schools VEBA Advocacy Team is here to assist you with any questions about your health plan.

### The Advocacy Team can help:

- ▶ Resolve benefit-related issues
- ▶ Answer billing and claims questions
- ▶ Schedule appointments or treatment
- ▶ Get a second opinion on a diagnosis or treatment plan
- ▶ Find access to care
- ▶ And more!

**Contact The Advocacy Team Monday-Friday, 8 am – 5 pm:  
888-276-0250 or [vebaonline.com/contact](https://vebaonline.com/contact).**

\*Inquiries typically receive a response within 24 hours (excluding weekends/holidays).